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| Organisation | Culture/Topic | Language | Contact Number | E-Mail | Website | Postal Address |
| Ashiana Network | Refuge, Advice, Support, Counselling for those affected by Domestic Violence, Sexual violence, forced marriage, honour based violence, FGM and those with no resource to public funds. | Urdu, Bengali (not Sylheti), Pahari, Hindi, Gujarati and Turkish | 02085390427 | [info@ashiana.org.uk](mailto:info@ashiana.org.uk)  6 -15 sessions and up to 20 sessions (HBV clients). Counselling boroughs: Barking and Dagenham; Havering; Tower Hamlets; Newham (EHP only); Waltham Forest; Pan London (NRPF-insecure via status) | http://ashiana.org.uk/ | Ashiana Network Suite 204 First Floor Oceanair House 750-760 High Road Leytonestone E11 3BB |
| Al-aman DVIP | DV support/ Esol Classes for Arab women/ Prevention programme and support. | Arabic | **02085632250/ 07587657804** | Hanan.Babikir@RichmondFellowship.org.uk | https://dvip.org/al-aman/ | Richmond/hammersmith |
| Al-Hasaniya Moroccan Women’s Centre | Emotional well-being project; ESOL; Mental health project; DV; Drop in Support. | Arabic/ Berber | **020 8969 2292** | zohra@al-hasaniya.org.uk | Al-hasaniya.org.uk | Kensington & Chelsea. Hammersmith/ West bourne park. |
| Asian Women’s Resource Centre | Safety planning, advice and information, advocacy and support services to Asian women who have experiences domestic abuse. | Bengali, Gujarati, Punjabi, Hindi, Tamil and Urdu | 02089616549 / 02089615701 | Info@asianwomencentre.org.uk | http://www.asianwomencentre.org.uk/ | Asia women’s Resource Centre 108 Craven Park Harlesden London NW10 8QE |
| AVA | Consultancy, Research and Survivor consultation, informing policy, prevention work. Special Expertise on Children and young people and multiple disadvantage. | English | 02075490280 | Use Website to Send Email | https://avaproject.org.uk/ | AVA (Against Violence & abuse) fourth floor development House 56-64 Leonard Street London  EC2A 4LT |
| The awareness centre | [low cost counselling service](https://theawarenesscentre.com/therapy-services/low-cost-counselling) is available if you are on benefits or a low income. Fees range from £15 – £35 in Tooting and £20 – £35 in Clapham | Arabic, Armenian, Bengali, Bosnian, Cantonese, Farsi, Gujarati, Hindi, Hungarian, Konkani, Kurdish, Maltese, Polish, Punjabi, Romanian, Russian, Serbian, Slovenian, Turkish, Twi, Urdu, Xhosa, Yoruba and Zulu. | 020 8673 4545 | [appointments@theawarenesscentre.com](mailto:appointments@theawarenesscentre.com) | https://theawarenesscentre.com/therapy-services/multilingual-counselling/ | Tooting and Clapham |
| Chinese Information and Advice Centre | Women & Children Support, Benefits Advice & Advocacy, Homeless Housing & Support, Immigration Support, Legal Advice, Home Office Surgery, Voluntary Return Workshop, Healthcare, Asylum Seeker & Refugee Support, Third Party Reporting Centre Prison & Probation Support | Chinese | 0300 201 1868 | info@ciac.co.uk | http://ciac.co.uk/ | Chinese Information and Advice Centre Basement,  2 Gerrard Place London  W1D 5PB |
| Claudia Jones Organisation | Repairing relationships for hackney families; Counselling, groups, parenting, health, well being workshops, Advocacy, personal development. Bonding with baby group; Parents Survival guide. | Afro Caribbean women- English only | 020 7241 1646 | [info@claudiajones.org](mailto:info@claudiajones.org)  12 sessions | https://www.hackneylocaloffer.co.uk/kb5/hackney/localoffer/service.page?id=jg\_6FexVXdQ | 103 stoke Newington road, Hackney, N16 8BX |
| Dawn Community centre | Community centre; Counselling 10 sessions and open ended therapy; | Farsi, Dari, Pashto, Hindi, Punjabi, Gujarati, Urdu, Marathi, Sanskrit, Bengali, Sylheti, Turkish, Cantonese, Tamil, Romanian, English | 0208 427 6796 | [**yakeen\_dawn@yahoo.co.uk**](mailto:Yakeen_dawn@yahoo.co.uk)  **Open ended counselling sessions.** | http://www.dawncharitabletrust.com/yakeen/ | 1 St Kilda’s Road, Harrow, HA1 1QD |
| Each Counselling Support | Drugs & alcohol, domestic violence, social services, youths offending and mental health | English, Hindi, Swahili, Bengali, Punjabi, Urdu, Hindi, Gujerati, Farsi, Polish, Somali, Tamil | 020 3096 4280 and 020 3096 4281 | eachfss@eachcounselling.org.uk | http://www.eachcounselling.org.uk/ | EACH Floating Support Service CAN Mezzanine 2nd floor  The Treaty Centre Hounslow  TW3 1ES |
| Farsophone Association | Counselling; Welfare and legal service | Farsi | 020 8951 2004 | [Counselling@farsophone.org.uk](mailto:Counselling@farsophone.org.uk) [advice@farsophone.org.uk](mailto:advice@farsophone.org.uk) | https://www.farsophone.org.uk/ | Barnet Edgware |
| FORWARD | Female Genital Mutilation (FGM), Child Marriage and Obstetric Fistula. | English | +44 (0)20 8960 4000 | forward@forwarduk.org.uk | http://forwarduk.org.uk/ | FORWARD  Suite 2.1  Chandelier Building  8 Scrubs Lane  London  NW10 6RB |
| Galop | Pan London counselling service for survivors LGBT+ community | English | 020 76974081 | referrals@galop.org.uk | http://www.galop.org.uk/ |  |
| IKWRO | Domestic Violence, Sexual Violence, FGM, Honour Based Violence. | Kurdish, Farsi, Arabic, English, Turkish, Pashto and Dari. | 0207 920 6460 | Use website. | http://ikwro.org.uk/ | PO Box  75229  London  E15 9FX |
| IMECE Women’s centre | Women’s Only Space, Advice and Information services, Letter reading, Islington housing aid, Violence against women and girls, counselling | Turkish, Kurdish and Turkish Cypriot Women | 020 7354 1359 | info@imece.org.uk | http://imece.org.uk/ | IMECE  2 Newington Green Road London  N1 4RX |
| Imkaan | Strategic Advocacy, Development and support, consultancy. | Community Languages | 020 7842 8525 | info@imkaan.org.uk | http://imkaan.org.uk/ | Imkaan  52-54 Featherstone Street  London  EC1Y 8RT  United Kingdom |
| The Indigo Project  (WGN)  Hammersmith & Fulham; Ealing | Advocacy; specialist counselling; body therapy; group work. 18+ To attend counselling they have to be seeing their advocate. | English/interpreter and Albanian | 020 3725 5098 | indigo@wgn.org.uk | www.wgn.org.uk | Women and Girls Network PO Box 13095. London, W14 0FE |
| Jewish Womens Aid | Advocacy and Support, Refuge, Counselling, | Hebrew | 020 8445 8060 | info@jwa.org.uk | http://jwa.org.uk/ | POBox 65550  Finchley  N3 9EG |
| KMEWO | Advocacy and support to women and children affected by VAWG- All boroughs. Advice and welfare DV. Befriending. | Kurdish, Arabic, Turkish, Farsi | 020 7263 1027 | info@kmewo.com | http://www.kmewo.com/services/violence-against-women/ | Caxton House  129 St. John’s Way  London N19 3RQ |
| Latin American Women’s Rights Services | Housing, benefits and debt advice. Violence Against Women and Girls. Counselling and Psychotherapy. Policy, Research, Advocacy and Campaigning.  Outreach and Integration | Spanish, Portuguese and Crèche | 020 7336 0888  084 4264 0682 |  | http://www.lawrs.org.uk/en/ | LAWRS 52-54  Featherstone St,  Tindlemanor,  London  EC1Y 8RT |
| The Nia Project | Young People, Family Support, Refuge, advocacy, east London rape crisis, violence. | English, Polish and Russian | 0207 683 1270 | info@niaendingviolence.org.uk | http://www.niaendingviolence.org.uk/ | P.O. BOX 58203  London  N1 3XP |
| New Intercultural Counselling Service | Zekiye Kartal qualified Intercultural Counsellor  £30-40 | English, German, Kurdish. |  | [info@zekiye.co.uk](mailto:info@zekiye.co.uk) | <https://cityroadtherapy.co.uk/team/zekiye-kartal/>  <https://www.counselling-directory.org.uk/search.php?search=zekiye+kartal&reset_session=yes&search_entire_site=yes> | Barnet N2; City Road Therapy ( Room B), 335 City Rd, London EC1V 1LJ |
| Nilaari Services | Culturally appropriate service counselling for mental health issues. stress, worry & anxiety, and low self-esteem and confidence |  | 0117 952 5742 | [aminamaliknilaari.co.uk@gmail.com](mailto:aminamaliknilaari.co.uk@gmail.com)  Amina Malik | https://www.nilaari.co.uk/ | 184 Stapleton Rd, Avon, Bristol, BS5 0NZ |
| Pawian Afghan Association | Counselling open ended. Culturally appropriate service in North West London. Afghan and refugees. Community advocacy, Immigration Advice, Counselling, Accommodation, ESOL | Arabic, Dari, Farsi, English, Pashto |  |  | https://www.paiwand.com/ | Harrow & Edgware  The cover all boroughs and mainly: Brent, Barnet, Ealing and Harrow. |
| Rape and Sexual Abuse Centre | Counselling, Advice & advocacy | Community Languages | Local: 01483 546400 National : 0800 0288 022 | admin@rasasc-guildford.org | http://www.rasasc.org/ | RASASC  PO Box 1009  Guildford  GU1 9EE. |
| Refuge | Domestic violence, advocacy, refuge, | Urdu, Punjabi, Mirpuri, Hindi and English. & African and Caribbean support | 020 7395 7700 | info@refuge.org.uk | http://www.refuge.org.uk/ |  |
| RESPECT | Domestic Violence, Male Victims & young people | Community Languages | 020 7549 0578 | info@respect.uk.net | http://respect.uk.net/ | Respect  Development House  56-64 Leonard Street  London  EC2A 4LT |
| Rights of Women | Advice & information. Criminal, Family and immigration/asylum law | Community Languages | 020 7608 1137 | info@row.org.uk | http://rightsofwomen.org.uk | Rights of Women 52-54 Featherstone Street,  London  EC1Y 8RT |
| Solace Women’s Aid | Domestic Violence, Sexual Violence, Advice, Counselling, Refuge, North London Rape Crisis | Community Languages | 0808 802 5565 | advice@solacewomensaid.org | http://solacewomensaid.org/ | Unit 5-7  Blenheim Court 62  Brewery Road London  N7 9NY |
| Southall Black Sisters | Domestic Violence Issues, Racism, homelessness, refuge | English, Hindi, Punjabi, Gujarati and Urdu  & Somali | 020 8571 9595 | Use website to email | http://www.southallblacksisters.org.uk/ | Southall Black Sisters  21 Avenue Road  Southall  Middlesex  UB1 3BL |
| The survivor’s trust | Support of Sexual violence victims, child or adult |  |  | Use website to link you to the service depending on the area | https://www.thesurvivorstrust.org/find-support |  |
| Tender | Preventing domestic abuse and sexual violence amongst young people, by promoting healthy relationships. | N/A | 0207 697 4275 | home@tender.org.uk | http://tender.org.uk/ | Resource for London 356 Holloway Road London, N7 6PA |
| Waterloo Community College | Counselling 12 sessions for Asylum seekers or refugees | Albanian, Arabic, Bengali, Farsi, Dari, Kurdish, Somali, Turkish, Pashto and Urdu | 0207 928 3462 | info@waterloocc.co.uk | https://waterloocc.co.uk/counselling-psychotherapy/ | Barley Mow Clinic Greet House Frazier Street London SE1 7BD |
| Women’s and Girls Network | Sexual Violence, Advocacy, ISVA, | N/A | 020 7610 4678 | info@wgn.org.uk | http://www.wgn.org.uk/ | N/A |
| Women’s Aid | Domestic Violence | N/A | Helpline: 0808 2000 247 General Inquiries:  0117 944 44 11 | info@womensaid.org.uk | https://www.womensaid.org.uk/ | Women’s Aid Federation of England,  PO BOX 3245 Bristol,  BS2 2EH,  England |
| Women’s Resource Centre | Information | N/A | 020 7697 3450 | admin@wrc.org.uk | https://www.wrc.org.uk/ | Women’s Resource Centre  United House  North Road  London  N7 9DP |
| West London Rape Crisis Centre | Counselling; body therapy; group; Advocacy. Recent or historic sexual violence: child sexual abuse, rape, prostitution, sexual assault, sexual harassment, gang related sv, sexual bullying and sexual exploitation. 14+ |  | Main office: 020 7610 4678  Advice line: 0808 801 0660  Sexual Violence helpline: 0808 801 0770 | rcc@wgn.org.uk | www.wgn.org.uk |  |
| Women In Prison | Advice and support for women who have been detained or imprisoned or at risk of going to prison | English |  |  |  | Sutton, London |